

Registration

Name: _____
License #: _____

Please circle: (RN) (RD) (MA) (LCSW)
(HE) Other: _____

Agency _____
Affiliate #/Associate: _____
Address: _____

Phone: _____
Fax: _____
E-mail: _____

Payment:

___ **\$75** for Affiliates / Associate Programs
___ **\$85** non-affiliates

Make check payable to:
Stanford University School of Medicine

☐ Vegetarian Meal ☐ Non-vegetarian

Send registration to or pay on the day of the event.

MCCPOP
750 Welch Road, Suite 224
Palo Alto, CA 94304

For more information please call:
Tel: 650-736-2210 or 650-498-5347
Fax 650-723-2829
Or Email: leonad@stanford.edu

Accreditation and Fees

MCCPOP is accredited as a provider of continuing education by the state of California Board of Registered Nursing, provider # 03104, and the California Behavioral Sciences, provider # 1104. Contact hours for this program are 7 CEUs. RD CEUs will be awarded subsequent to this program.

This fee includes CEUs, materials, continental breakfast and lunch. Parking is free at the back of the building. Please avoid reserved parking.

STANFORD UNIVERSITY
DEPARTMENT OF PEDIATRICS
MID-COASTAL CALIFORNIA
PERINATAL OUTREACH PROGRAM
750 WELCH ROAD, SUITE 224
STANFORD, CA 94304

Sweet Success: Affiliate Training

California Diabetes and Pregnancy Program

Mid-Coastal Regional
California and Pregnancy
Program
(Region 4)

October 27, 2009

WHERE:

Lucille Packard Children's
Hospital Center for Nursing
Excellence
1400 Page Mill Road
Palo Alto, CA 94303



**CALIFORNIA DIABETES
AND PREGNANCY
PROGRAM**

Sweet Success

*This Project is supported in part by funds
received from the Maternal, Child and
Adolescent Health/Office of Family
Planning Division.*

Please Post

SWEET SUCCESS *THE CALIFORNIA DIABETES AND PREGNANCY PROGRAM*



Faculty

Charlene Canger, MFT, LCSW

Regional Perinatal Social Work Consultant
Mid-Coastal Diabetes and Pregnancy Program
Stanford University

Leona Dang-Kilduff, RN, MSN, CDE

Regional Coordinator/Nurse Consultant
Mid-Coastal Diabetes and Pregnancy Program
Stanford University

Geetha Desai, MS, RD, CLE, CDE

Regional Perinatal Nutrition Consultant
Mid-Coastal Diabetes and Pregnancy Program
Stanford University

PROGRAM DESCRIPTION

This program is designed to provide nurses, registered dietitians, behavioral medicine specialist, medical assistants, health educators and other perinatal health care providers with information on diabetes and pregnancy clinical care.

Agenda

8:00-8:30	Registration
8:30-9:00	Introductions and Sweet Success Overview; Data and Program Management
9:00-10:15	Pathophysiology of Diabetes and Pregnancy; Client Education; and Medical Management
10:15-10:15	Break
10:25-11:25	Basic Nutritional Guidelines
11:25-12:30	The Psychosocial Implications of Diabetes During Pregnancy
12:30-1:30	Lunch
1:30-2:15	Postpartum Recommendations, Care and Breastfeeding and Infant of a Woman with Diabetes During Pregnancy
2:15-2:30	Break
2:30-3:00	Preconception Care
3:00-4:00	Medication initiation and Management
4:00-4:30	Pulling It All Together

Program Objectives

At the conclusion of this program, participants will be able to:

1. Define "Sweet Success Provider" and requirement for affiliation with the California's Diabetes and Pregnancy Program (CDAPP)
2. Demonstrate an understanding of the pathophysiology of pregnancy complicated by diabetes; Type 1, Type 2, and GDM
3. State the Sweet Success recommendations for screening, diagnosis and postpartum follow up of gestational diabetes.
4. Counsel women before, during and after pregnancy, about reducing the long and short term risks of hyperglycemia during pregnancy to the mother, fetus and offspring.
5. List the tests of maternal and fetal well-being recommended to monitor pregnancy complicated by Type 1 and Type 2 diabetes and by GDM.
6. State the Sweet Success blood glucose targets and self-monitoring frequencies during pregnancy and lactation for women with diabetes.
7. Describe the principles of a healthy eating plan for women with diabetes during pregnancy.
8. Explain how staying active contributes to maintaining blood glucose targets.
9. Explain how to safely and accurately use medications: insulin and oral agents to achieve normoglycemia
10. Identify and use tools (such as "stress check" and Edinburgh Depression Scale") to assess readiness for change, level of motivation and signs of a mood, anxiety or adjustment disorder in women experiencing diabetes during pregnancy.
11. Describe the process of utilizing these psychosocial tools to make referrals to appropriate providers when issues are identified.
12. Demonstrate an understanding of the impact of culture, coping styles and problem-solving abilities on self care behaviors.

For more information please:

Telephone 650-736-2210 or 650-498-5347
Or FAX 650-723-2829
Or Email: leonad@stanford.edu or sanarylou@stanford.edu